

# WomanCraft Midwifery Education Program

[www.womancraft.org](http://www.womancraft.org)

## *4-day Intensive Midwifery Assistant Workshop*

**Amherst, MA**

**April 11-14 2019**

**Thursday 11am to Sunday 6pm**



Thank you for interest in the WomanCraft 4-Day Midwifery Assistant Workshop. This is an opportunity to spend a long weekend immersed in midwifery and birth, learn and practice valuable clinical skills. This workshop is ideal for anyone considering studying to be a midwife, apprentice and student midwives who are looking to gain valuable assisting skills and doulas who would like to learn more about midwifery and birth.

**Get started on your journey towards midwifery today!**

**THE COURSE:** **Cost: \$650.00 per participant** (does not include books, basic supplies).

4 intensive days of midwifery knowledge and hands-on skills practice. Students will receive a certificate of completion if they attend all class sessions. Class will meet each day until 6pm and have an evening session on Saturday from 7-9pm.

Healthy snacks, juice, coffee and tea will be provided each day. Students are responsible for their own evening meals and any additional food they may need but are welcome to use the kitchen to heat, cook or store food. Students who commute should attend all class sessions.

There are several reasonably priced hotels 10 minutes away in Hadley, MA. Students also have the option to "camp" in our yurt classroom. There is a wood stove and electricity. Accommodations are rustic, sleeping bag on the floor style but there is access to a bathroom, shower, and use of the kitchen. Many students like to stay overnight and spend our non class time together as a group. Nursing babies under age 1 are welcome at the workshop.

**TO REGISTER:** There is a \$250. non-refundable deposit required to reserve your spot in the workshop. This must be paid via Paypal, cashier's check or money order. The remainder of your fee, \$400. is payable on or before the day of the workshop via Paypal, cashier's check, money order or cash. No personal checks are accepted. You are not officially considered registered until your deposit is paid and you have received a confirmation email. You may contact me at [beth@womancraft.org](mailto:beth@womancraft.org)

***Visit WOMANCRAFT.ORG to REGISTER***

## Required books and supplies:

Heart and Hands by Elizabeth Davis

WomanCraft Beginning Midwifery Kit available at <http://www.midwifesupplies.com/WCMEPNSP-p-A1.html> (optional)

Topic to be covered:	Skills to be covered:
<ul style="list-style-type: none"><li>● The Life of a Midwife</li><li>● Routes to Midwifery training</li><li>● Apprenticeships and Opportunities</li><li>● NARM PEP Process and State Regulations</li><li>● Assisting a Midwife</li><li>● Anatomy for Pregnancy, Labor and Birth</li><li>● Leopold's Maneuvers</li><li>● Fetal Heart Tones</li><li>● Prenatal Care Skills</li><li>● Normal Labor and Birth</li></ul>	<ul style="list-style-type: none"><li>● Physical exam skills including: blood pressure, pulse, respirations, reflexes, heart, lungs, CVAT, edema</li><li>● Universal Precautions</li><li>● Medical charting</li><li>● Nagele's Rule</li><li>● Gestation Wheel</li><li>● Feto-Pelvic Relationships</li><li>● Complication Q&amp;A</li><li>● Vaginal Exams</li></ul>

### About the Instructor: *Beth Anne Moonstone, CPM, MA.ED*

My midwifery practice and my style of teaching are based on the knowledge that birth is a sacred and natural process. People already have the wisdom within them to give birth. We can become empowered through birth. It is my belief that people give birth with their hearts and bodies NOT with their head. Birth works!

I am a Midwife, a Certified Professional Midwife (CPM), Midwifery Instructor, Certified American AquaNatal Instructor, and Children's Yoga Instructor (RCYP). I hold a masters degree in education and specialize in experiential education methods for adults and children and work as an adjunct science faculty member at two local colleges. I have been attending homebirths since 1994 and in private practice in the Pioneer Valley since 2001. You can get more info on my midwifery work and my background at [www.amherstmidwifery.com](http://www.amherstmidwifery.com)

### Midwifery Education

For the last 18 years, I have been the director and lead teacher of the [WomanCraft Midwifery Education Program](#). This program offers academic study programs and workshop for aspiring midwives. This program offers academic study programs and workshop for aspiring midwives. I have had the honor of helping many student midwives on their path to becoming midwives. I believe the first goal of each midwifery student, regardless of certification, legal status, or their particular path of training, should be to be the best midwife they can be.

To register please visit [womancraft.org](http://womancraft.org) and use the workshop registration link on the right side of the page.

### WomanCraft's Mission Statement:

- To provide a nourishing interactive learning environment for women to study holistic midwifery including midwifery art, academic, technical and clinical knowledge.
- To preserve the apprenticeship model of training and the age old tradition of person to person, mother to mother passage of knowledge
- To provide affordability, structure and a format that allows students from diverse backgrounds, ages, family status and financial status a route to study midwifery.

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