

# WOMANCRAFT MIDWIFERY EDUCATION PROGRAM

## Online Midwifery Course 2019



Beth Anne Moonstone, Midwife, CPM, Director  
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**Womancraft.org**

**The Online MIDWIFERY COURSE 2019 includes:**

**Cost is \$1500.\***

Monthly payment plans are available.

**Now with Rolling Admissions! Start when you are ready and work at your own pace.**

\*8 on-line distance education modules

### Objectives:

- To provide a nourishing interactive learning environment for women to study midwifery and the midwifery model of care
- To preserve the apprenticeship model of training and the age old tradition of woman to woman, mother to mother passage of knowledge
- To allow women who cannot afford the growing cost of formal midwifery school and/or the time away from their children a route to study midwifery

This course will require internet access and a required reading list. The course is designed to provide a **strong academic foundation** for both new aspiring midwives and apprenticing midwives. You will be expected to challenge yourself and channel your passion for midwifery as you work through the course material.

*We love growing more midwives!!*

### Student Comments

*"My experience at Womancraft gave me the skills and knowledge to enter an apprenticeship with confidence and readiness. Beth's unique teaching style helped the information I was learning stick, and gave me the hands on experience I needed to learn skills like palpation, taking vitals, and more!" - Alli Cwalinski, Doula, Apprentice Midwife*

*"Beth's service to women goes much deeper than catching babies and teaching classes. Her soulful, intelligent, and caring approach creates and nurtures community. Sensitive to all lifestyle choices and economic situations, she demonstrates through her work not only respect, but celebration of all women. Her classes are invaluable, yet she makes certain that they remain affordable and accessible. I found the beginning course challenging, enlightening, and exhilarating!" Jilanna Babb-Cheshul, Doula, Belly Dance instructor*

## TUTION AND PAYMENT OPTIONS

**Tuition for the 2019 Midwifery Class is \$1500.\***

You may pay your tuition in full at any time.

The monthly payment plan is available only via a paypal subscription"

- 12 monthly payments of \$125. until paid in full
- \*Students are also required to become CPR certified and complete a NARM approved cultural competency module at their own expense.

### **About Beth Anne Moonstone**

Beth is a Traditional Midwife, a Certified Professional Midwife (CPM), Midwifery Instructor, Certified American AquaNatal Instructor, and Children's Yoga Instructor (RCYP). She has 20 years of experience as a homebirth midwife and doula. In 1999, she founded the WomanCraft Midwifery Education program to provide an affordable, accessible route to midwifery training for more women. She has been the lead instructor in the program for 18 years and has had the honor of helping many student midwives on their path to becoming midwives. Beth has a special interest in experiential education models and strives to provide a variety of different styles of learning in both her classroom time and on-line modules to allow each student to learn in a way that works best for them.

### **Student Comments:**

*"This course is amazing - challenging, inspiring, fascinating. And Beth is an amazing teacher. She has a seemingly endless wealth of knowledge and bottomless reserves of energy. She helps even the most detailed academic material come alive and helps us work with the material and each other in such creative ways so that we really gain a good understanding. It's clear that this course us giving us the good, solid foundation we need as we grow into becoming midwives. Beth works hard to encourage and support us and to create a wonderful atmosphere in class so that we feel comfortable with each other and all that we're learning. I feel so blessed and grateful to have found this course. It has already been a deeply transformative experience for me, and we're not even half-way through yet!"*

- Susan Downing, PhD, Apprentice Midwife

*"Womancraft is an in depth foundational course in homebirth midwifery. Beth is an outstanding teacher who truly cares about her students and the art of midwifery. This is an excellent program for those ready to dip their toes into this important work." Samantha Raymond Collucci, Doula, Apprentice Midwife*

*"With a strong academic background, I confidently entered into the distance program offered by WomanCraft Midwifery Education program. At that point in my career and personal life (in 2008) I was interested in pursuing the didactic portion of midwifery education without having to leave my immediate community. After completion, I was able to pursue an apprenticeship with a strong informational foundation on which to develop the hands-on skills and training." -Nicole Niscala Schwartz, CPM, MSW*

## COURSE OVERVIEW

**Pre-requisites:** High School diploma, GED or equivalent

### Requirements for completion:

To receive your certificate of completion for the 2019 Midwifery course you must complete all of the following:

- Complete Cultural Competency Module (additional cost of \$80.)
  - Complete all written work assignments and projects
- Complete CPR certification in your own community (additional cost)

### Module 1: Intro to Midwifery

- Understanding modern midwifery, types of midwives, midwifery politics, NARM, MANA, NACPM, the PEP process
- Clinical skills for performing a physical exam including blood pressure, pulse, respirations, temperature, weight, height, CVAT, reflexes, edema, listening to heart and lungs, thyroid, palpating lymph nodes, visual exam skills.
- Taking an in-depth medical history, charting and the use of medical abbreviations

### Module 2: First Trimester

- Fertility Cycles and conception
- Embryology
- First trimester midwifery care

### Module 3: Second & Third Trimester

- Prenatal Care & the Midwifery Model of Care
- Fetal positioning
- Leopold's maneuvers, palpation skills and fundal height
- Listening to and monitoring fetal heart tones
- Clinical practice with pregnant mothers
- Mini-preceptorship

### Module 4: Anatomy for Midwives

- Anatomy for Midwives
- Pelvic floor anatomy
- Vaginal exam skills and pelvimetry

### Module 5: Normal Birth Class

The stages of normal labor and variations of normal

- Discussion of interventions, intercessions, labor monitoring and support
- Birth role play and case study review

### Module 6: Labwork

- Understanding testing for pregnancy and postpartum
- Anemia, blood types, Rh factor
- Clinical practice with Venipuncture, IM injections, HGB and Glucose testing

### Module 7: Newborn Care

- Immediate postpartum and bonding
- Anatomy of the newborn and changes at birth
- Newborn exams
- Postpartum

### Module 8: Complications & Variations

- Labor Variations and Complications
- Postpartum Complications
- Case studies for birth
- Pharmacology for Midwives